

UNGAXHAMAZELI - SEBENZISA EZOKUPHEPHA EMGWAQWENI THOBELA IMIYALELO YOMGWAQO



IJUBANE LIYABULALA

- Kungcono ukufika ngemuva kwesikhathi kunokungafiki nhlobo.
- Hlonipha umgomo wejubane.
 - Shiya ibanga eliphephile phakathi kwakho nenye imoto.
 - Ijubane lakho malihambisane nesimo somgwaqo kanye nesimo sezulu.



UMAKHALEKHUKHWINI

Anehlo awahlale emgwaqeni ubheke izimpawu zomgwaqo.

- Ungabhali ngomakhalekhukhwini ube ushayela.
- Sebenzisa lokhu okungaphathwa ngesandla (earphones/bletooth) uma udinga ukukhuluma ngomakhalekhukhwini ushayela.
- Ungaqophi nge-video ube ushayela.
- Ungangeni ezinkudleni zokuxhumana uma ushayela.



UNGAPHUZI BESE UYASHAYELA

- Ukuphuza bese uyashayela kungakufaka ejele.
- Zilungiselele ukuba nomshayeli ongaphuzile uma uhlela ukuyophuza utshwala.



UMA UHAMBAB NGEZINYAWO

- Ungaphuzi bese uhamba ngezinyawo emgwaqeni. Ukubona nokuqaphela kwakho kusuke sekuphazamisekile.
- Ungabi wuvazi emgwaqeni. Wela lapho kubekelwe khona ukuwela abahamba ngezinyawo, ebhulohweni lezinyawo noma emarobhothini.
- Akumele ucabange ukuthi umshayeli uyakubona futhi uzoyimisa imoto. Yima, Bhaka, Lalela, bese uyacabanga ngaphambi kokuwela umgwaqo.
- Bonakala. Ebusuku gqoka into enombala ogqamile noma lokho okugqamayo uma kukhanyiswa amalambu emoto (njengebhande esihlakaleni noma emzimbeni).
- Ungavumi ukushayelelwa ngumuntu ophuzile.



UMA UZIZWA UKHATHELE

- Ungashayeli uma uzizwa unokukhathala
- Phumula njalo ngemuva kwamahora amabili noma amakhilomitha angu-200.
 - Zelule uthi ukuhambahamba, ubuyise amandla emzimbeni nasengqondweni.
 - Kujwayelekile ukuqala ngokukhathala kwengqondo ugcine usulele ngaphandle kokuqaphela.



IMOTO MAYIKULUNGELE UKUBA SEMGWAQWENI

Hlola imoto yakho ngaphambi kohambo, noma ngabe lude noma lufushane kangakanani.

- Qinisekisa ukuthi amabhuleki asesimweni esifanele.
- Bhaka ukuthi amathayi okungenani anamaqophelo angu-1 mm.
- Ungayilayishi ngokweqile imoto yakho. Ukulayisha ngokweqile kungaholela ekuqhumeni kwethayi.
- Qinisekisa ukuthi amalambu wonke asebenza ngokufanele.
- Qinisekisa ukuthi ibhande lakho lesihlalo (Safety belt) nawabagibeli bakho afasiwe ngaphambi kokuthatha uhambo.
- Izingane kumele zibekwe kahle ngokuphepha ezihlalweni zezingane.

UKUPHEPHA EMGAQWENI KUNGUMSEBENZI WETHU SONKE



ezokuthutha

UmNyango:
WezokuThutha
ISIFUNDAZWE SAKWAZULU-NATALI

